Blueberry-Lemon Muffins

Blueberry-Lemon Muffins from the original efishinsea.net site from 2004!



Ingredients

Dry ingredients

- **2 cups** flour
- **1/2 cup** sugar
- **1 tsp.** baking soda
- **2 tsps** baking powder
- **1 tsp.** salt
- **1 cup** fresh or frozen blueberries

Wet ingredients

- **1** egg beaten
- **1 8 oz** container fat free Lemon yogurt
- **1 T.** milk
- **1/2 cup** vegetable oil

Method

1. Preheat oven to 400 degrees. Fold wet ingredients into flour mixture until just mixed and lumpy. Spoon into lined muffin cups. Sprinkle sugar on top. Bake at 400 for about 18 minutes until golden brown on top and toothpick comes out dry.

Notes

> This recipe is courtesy of THE WHITE SWAN GUEST HOUSE Mt. Vernon WA.
>
> It is quick, easy and VERY tasty ....